

2022 NSW All Schools Athletics Championships

The athletes and students of Westfields backed up their amazing performances at the recent NSWCHS Championships with another massive medal haul at the 2022 NSW All Schools Championships. Emerging as the top school in NSW with 24 medals from 97 events contested over the 4 days of competition. This is the third year in a row Westfields has won the overall medal tally.

| School | Male | Female | Overall |
|-------------------|------|--------|---------|
| Westfields Sports | 14 | 10 | 24 |
| Trinity Gr | 19 | - | 19 |
| Endeavour Sports | 2 | 17 | 19 |
| The Hills Sports | 6 | 12 | 18 |
| PLC Sydney | - | 12 | 12 |
| The King's Sch. | 12 | - | 12 |
| Meriden | - | 11 | 11 |
| Barker Col. | 6 | 3 | 9 |
| Knox Gr. | 8 | - | 8 |
| The Scots Col. | 6 | - | 6 |

Amongst the expected performances of our established athletes were some incredible unexpected results. Current National junior hammer champion Alex Goetz surprised himself and his discus coach Denis Knowles when he won the discus with an impressive 59.32 metres and then backed up with a new p.b. of 60.93 to take another Gold in Hammer. Alex has improved his discus best by almost 15 metres in the last 2 months. Also performing above expectations was Amelia Darek when she successfully cleared her first height in a pole vault competition with an amazing performance of 2.20m; the best first-recorded height in Westfields History.

Westfields new speedster Jayden Todoroski repeated his NSW CHS dominance of his age group with 3 Gold and a Silver medal in 100m, 80m hurdles, long jump and 200m respectively. Three of the four events were p.b.'s.

Rashid Kabba probably had the most difficult competition of all competing against Australia's National Champion in 100m and World number 3 in the 110m hurdles. Rashid finished with Silver in the 100m and Silver in the hurdles, however both he and Joshua Kolozi went under the State record in hurdles with just 4 hundredths of a second between them. Looking forward to the 200m Rashid was ready to fire after recording a World Junior time only weeks earlier. However he pulled up in the final after 25metres with a hamstring cramp and did not finish.

| Age event | Name | School/Region | Perf/wind | Heat/ Final placing |
|----------------------|-----------------------|---------------|--------------|-----------------------|
| Boys 12 100m | Todoroski, Jayden | Westfields Sp | 12.46 (1.2) | heat 1 st |
| Boys 12 100m | Todoroski, Jayden | Westfields Sp | 12.52 (-0.7) | Gold |
| Boys 12 200m | Todoroski, Jayden | Westfields Sp | 24.82Q (0.9) | heat 1 st |
| Boys 12 200m | Todoroski, Jayden | Westfields Sp | 24.47 (1.9) | Silver |
| Boys 12 80m Hurdles | Todoroski, Jayden | Westfields Sp | 13.05 (1.6) | Gold |
| Boys 12 Long jump | Todoroski, Jayden | Westfields Sp | 5.37m (0.2) | Gold |
| Boys 12 80m Hurdles | Kabba, Akeem | Westfields Sp | 13.09 (1.6) | Silver |
| Boys 12 Long jump | Kabba, Akeem | Westfields Sp | 4.55m (-1.7) | 4th |
| Boys 13 3000m walk | Horton, Jaxson | Westfields Sp | 16:57.56 | Silver |
| Boys 13 100m | Bzadough, Bronson | Westfields Sp | 13.13 (-0.3) | heat 25 th |
| Boys 13 200m | Bzadough, Bronson | Westfields Sp | 26.87 (-1.2) | heat 23 rd |
| Boys 13 100m hurdles | Bzadough, Bronson | Westfields Sp | 16.26 (0.5) | heat 13 th |
| Boys 14 800m | Long, Benjamin | Westfields Sp | 2:11.54Q | heat 6 th |
| Boys 13 800m | Westwood, Benjamin | Westfields Sp | 2:30.51 | heat 29 th |
| Boys 13 1500m | Westwood, Benjamin | Westfields Sp | 5.10.34 | 31 st |
| Boys 13 90m Hurdles | Best, Koben | Westfields Sp | 14.02Q | heat 6 th |
| Boys 13 90m Hurdles | Best, Koben | Westfields Sp | 14.61 (1.8) | 9th |
| Boys 13 Shot put | Tran, Jayden | Westfields Sp | 9.16m | 17 th |
| Boys 13 Discus | Tran, Jayden | Westfields Sp | 25.53m | 17 th |
| Boys 14 100m | Sovula, Paul | Westfields Sp | 14.02 (-1.6) | heat 45 th |
| Boys 14 100m | Aukafolau, Fuinelakei | Westfields Sp | 12.81 (-1.2) | heat 31 st |
| Boys 14 100m Hurdles | Aukafolau, Fuinelakei | Westfields Sp | 16.92 (0.7) | 7th |
| Boys 14 800m | Long, Benjamin | Westfields Sp | 2:11.54 | heat 3 rd |
| Boys 14 800m | Long, Benjamin | Westfields Sp | 2.06.58 | 5th |
| Boys 14 1500m | Long, Benjamin | Westfields Sp | 4.29.54 | 7th |
| Boys 15 100m | Goetz, Alex | Westfields Sp | 12.05 (-1.4) | heat 17 th |
| Boys 15 Discus | Goetz, Alex | Westfields Sp | 59.32m | Gold |
| Boys 15 Hammer | Goetz, Alex | Westfields Sp | 60.93m | Gold |
| Boys 15 100m | Jones, Joshua | Westfields Sp | 12.28 (-0.9) | heat 24 th |
| Boys 15 200m | Jones, Joshua | Westfields Sp | 25.18 (1.3) | heat 30 th |
| Boys 16 100m | Nshimirimana, Destin | Westfields Sp | 11.91 (-1.8) | heat 16 th |



Above: Alex Goetz winning hammer with new p.b. of 60.93m after winning discus with a new p.b of 59.32m



Above: Finishing 2nd by a mere 4 hundredths, Rashid generously surrenders his crown to World no. 3 Joshua Kolozi after both went under the State record.



Amelia Darek and Zoe Sarris both leaped to new p.b.'s in pole vault.

| | | | | |
|-----------------------|----------------------|---------------|---------------|------------------------------|
| Boys 16 200m | Nshimirimana, Destin | Westfields Sp | 23.55 (1.6) | heat 23 rd |
| Boys 100m | Menon, Kunal | Westfields Sp | 12.37 (0.2) | heat 42 nd |
| Boys 200m | Menon, Kunal | Westfields Sp | 24.46 (1.3) | heat 16 th |
| Boys 16 110m Hurdles | Menon, Kunal | Westfields Sp | 15.67 (-0.1) | 4 th |
| Boys 16 1500m | Horton, Jai | Westfields Sp | 4:55.21 | 10 th |
| Boys 16 Discus | Emillio Martinez | Westfields Sp | 42.23 | Bronze |
| Boys 16 Javelin | Arduin, Adam | Westfields Sp | 45.63m | 5 th |
| Boys 17 100m | Kabba, Rashid | Westfields Sp | 10.89 (-0.4) | heat 2 nd |
| Boys 17 100m | Kabba, Rashid | Westfields Sp | 10.80 (-0.5) | Silver |
| Boys 17 200m | Kabba, Rashid | Westfields Sp | 21.59Q (2.3) | heat 1 st (final) |
| Boys 17 110m Hurdles | Kabba, Rashid | Westfields Sp | 13.72R (1.0) | Silver |
| Boys 17 100m | Banovich, Cameron | Westfields Sp | 11.12 (-0.4) | heat 3 rd |
| Boys 17 100m | Banovich, Cameron | Westfields Sp | 11.12 (-0.5) | 4 th |
| Boys 17 200m | Banovich, Cameron | Westfields Sp | 22.13q (2.3) | heat 7 th |
| Boys 17 200m | Banovich, Cameron | Westfields Sp | 22.30 (0.6) | 5 th |
| Boys 17 800m | Baptist, Lachlan | Westfields Sp | 2:12.02 | heat 16 th |
| Boys 19 5000m walk | Pyda, Raven | Westfields Sp | 24:46.60 | Gold |
| Boys 19 Shot Put | Nolan, Bryce | Westfields Sp | 16.15m | Gold |
| Boys 19 Discus | Nolan, Bryce | Westfields Sp | 49.27m | Gold |
| Girls 12 200m | Kernaghan, Ruby | Westfields Sp | 27.89q (0.1) | heat 7 th |
| Girls 12 200m | Kernaghan, Ruby | Westfields Sp | 27.78 (2.1) | 8 th |
| Girls 12 400m | Kernaghan, Ruby | Westfields Sp | 1:04.00Q | heat 4 th |
| Girls 12 400m | Kernaghan, Ruby | Westfields Sp | 1:01.54 | Silver |
| Girls 12 3000m walk | Kernaghan, Ruby | Westfields Sp | 17:38.51 | Bronze |
| Girls 12 High jump | Kernaghan, Ruby | Westfields Sp | 1.40m | 5 th |
| Girls 12 Shot put | Kernaghan, Ruby | Westfields Sp | 6.56m | 14 th |
| Girls 12 Hammer | Kernaghan, Ruby | Westfields Sp | 18.42m | 4 th |
| Girls 13 100m | Talbot, Ruby Rose | Westfields Sp | 14.07 (-0.5) | heat 45 th |
| Girls 13 200m | Talbot, Rubyrose | Westfields Sp | 29.12 (-1.2) | 39 th |
| Girls 13 Long jump | Talbot, Ruby Rose | Westfields Sp | 4.13m (1.2) | 21 st |
| Girls 12 3000m walk | Twigden, Lilly | Westfields Sp | 18:55.77 | 4 th |
| Girls 13 80m Hurdles | Darek, Amelia | Westfields Sp | 14.04q (0.9) | heat 9 th |
| Girls 13 80m Hurdles | Darek, Amelia | Westfields Sp | 14.12 (0.3) | 10 th |
| Girls 13 Pole vault | Darek, Amelia | Westfields Sp | 2.20m | Gold |
| Girls 13 Discus | Darek, Amelia | Westfields Sp | 20.69 | 15 th |
| Girls 13 Javelin | Darek, Amelia | Westfields Sp | 25.68m | 9 th |
| Girls 13 Hammer | Darek, Amelia | Westfields Sp | 30.50m | 4 th |
| Girls 13 800m | Baptist, Isabella | Westfields Sp | 2:37.01 | heat 18 th |
| Girls 13 800m | Muc, Isabella | Westfields Sp | 2:24.66Q | heat 4 th |
| Girls 13 800m | Muc, Isabella | Westfields Sp | 2:34.51 | 9 th |
| Girls 13 1500m | Muc, Isabella | Westfields Sp | 5:01.01 | 6 th |
| Girls 14 Pole vault | Sarris, Zoe | Westfields Sp | 2.50m | Silver |
| Girls 14 Shot Put | Kernaghan, Maddison | Westfields Sp | 11.25 | 4 th |
| Girls 14 Discus | Kernaghan, Maddison | Westfields Sp | 28.60m | 10 th |
| Girls 14 Javelin | Kernaghan, Maddison | Westfields Sp | 31.40m | 4 th |
| Girls 14 Hammer | Kernaghan, Maddison | Westfields Sp | 39.04 | 4 th |
| Girls 15 800m | Baptist, Madeline | Westfields Sp | 3:03.22 | heat 17 th |
| Girls 16 800m | Pyda, Olivia | Westfields Sp | 2:41.15 | heat 13 th |
| Girls 16 5000m walk | Cassilles, Ciara | Westfields Sp | 27:21.99 | Bronze |
| Girls 16 400m hurdles | Pyda, Olivia | Westfields Sp | 1:16.37 | 9 th |
| Girls 16 Discus | Osgood, Mikayla | Westfields Sp | 29.94m | 10 th |
| Girls 17 100m | Stoilova, Aleksandra | Westfields Sp | 12.46Q (-1.5) | heat 2 nd |
| Girls 17 100m | Stoilova, Aleksandra | Westfields Sp | 12.11 (-0.8) | Silver |
| Girls 17 200m | Stoilova, Aleksandra | Westfields Sp | 24.80Q (3.3) | heat 4 th |
| Girls 17 200m | Stoilova, Aleksandra | Westfields Sp | 24.34 (1.8) | Silver |
| Girls 17 100m | Mcgoon, Destiny | Westfields Sp | 13.13q (-0.4) | heat 8 th |
| Girls 17 100m | Mcgoon, Destiny | Westfields Sp | 13.20 (-0.8) | 7 th |
| Girls 17 200m | Mcgoon, Destiny | Westfields Sp | 26.42q (1.6) | heat 8 th |
| Girls 17 200m | Mcgoon, Destiny | Westfields Sp | 26.29 (1.8) | 8 th |
| Girls 17 Long jump | Mcgoon, Destiny | Westfields Sp | 5.20m (1.2) | 6 th |
| Girls 17 Discus | Goetz, Molly | Westfields Sp | 39.86m | 4 th |
| Girls 17 Hammer | Goetz, Molly | Westfields Sp | 54.91m | Silver |
| Non WAC | | | | |
| Girls 16 100m | Campos, Georgia | Westfields Sp | 12.30 (-0.5) | heat 1 st |
| Girls 16 100m | Campos, Georgia | Westfields Sp | 12.27 (-0.5) | Bronze |
| Girls 16 200m | Campos, Georgia | Westfields Sp | 26.00 (0.1) | heat 6 th |
| Girls 16 200m | Campos, Georgia | Westfields Sp | 24.46 (1.9) | Gold |



Jayden and Akeem were separated by only 4 hundredths in the boys 80m hurdles in what was one of the best races of the meet taking Gold and Silver.



Molly Goetz silver in U18 Hammer.



Aleks Stoilova wins two Silvers in 100m and 200m (p.b.)

